

## YEA Camp Mini Activism Starter Guide

**STEP 1: Choose your issue.** If you had a magic wand and could solve 1 major problem in the world, what would it be? Be specific. This is what we call your IOI or Issue of Importance.

**STEP 2: Understand your issue.**

- Why is this problem happening? List all the reasons you can think of.
- What do people who disagree with you not know or understand about your issue?
- What do you not know enough about that you need to research?

**STEP 3: Get connected.** Research organizations working on your IOI. Find at least 5. Then:

- Like or follow them on social media and join their email list.
- Look up what actions they want people to take.
- Put a star next to any org you really want to get involved with.

- 1.
- 2.
- 3.
- 4.
- 5.

**STEP 4: Take action.**

List 10 things you could do to make a difference for your IOI. Just brainstorm! They could be actions recommended by an organization or an idea that you have.

Think about things that would:

- address the problem
- apply things you're good at or like to do
- spread awareness and get others involved

For more tips and support, visit [www.YEACamp.org](http://www.YEACamp.org) or join us at YEA Camp.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

- Put a star next to any that you actually want to do. When will you get started? Put a date next to any actions you want to take so you can start making it real.
- Think of all of the steps will you need to take in order to take that action? ex) If your action is to call your legislators, you may need to research their phone numbers. If your action is to pass out flyers, you will need to order the flyers.
- Put these actions into your calendar to schedule them and turn them from ideas into concrete actions you will be taking.

**STEP 5: Keep going.** Changing the world will take a while. As you move forward on your change-making path, write down the knowledge, skills, confidence, and community that you want to develop to set yourself up for success in your efforts.

#### **CHANGEMAKER QUADRANT**

Knowledge:	Skills:
Confidence:	Community:

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